

4th of July

DHLC will be closed Tuesday, July 4th in observance of Independence Day. Please take a moment to think about the men and women who paid the ultimate price for our freedom.



Summer Safety Tips:

- * **Never!** Leave infants or children in a parked car, even if the windows are open.
- * **Never!** Leave pets in a parked car—they can suffer from heat-related illness too.
- * **Infants and young children are sensitive** to the effects of extreme heat, and must rely on other people to keep them cool and hydrated. Dress infants and children in loose, lightweight, light-colored clothing. Seek medical care immediately if your child has symptoms of heat-related illness.
- * **Schedule outdoor activities** carefully, for morning and evening hours.
- * **Stay cool** with cool showers or baths.
- * **Just a few serious sunburns** can increase you and your child's risk of skin cancer later in life. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.
- * **Cover up.** Clothing that covers your and your child's skin helps protect against UV rays.
- * **Use sunscreen** with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.



Fun days in July!

- * **July 3rd;** Stars & Stripes Day! Wear **red**, white and **blue!**
- * **July 4th;** Independence Day! **DHLC is closed**
- * **July 12th;** Wacky Tacky Day!
- * **July 14th;** Super Friends Friday!
- * **July 20th;** Dress like a Scientist day!
- * **July 21st;** Pajama Day! **Don't forget shoes for outdoor play.**
- * **July 26th;** Dress like an Artist Day!
- * **July 28th;** Bring Your Own Lunch Day! *(4 prepared lunch will still be served.)*
- * **Remember: NO NUT PRODUCTS,** and pack a healthy lunch! DHLC cannot heat food items as we do not use a microwave in our kitchen.



We had a great time with "A Walk in the Woods"! DHLC is happy to provide safe, on-site "field trips" for our students.



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